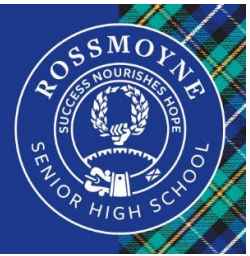


Excursions Policy

LAST UPDATED 2023



OVERVIEW

Students learn in many different ways, and often, the learning in the classroom is enriched by first-hand experiences gained on an excursion/camp. They are valuable for the development of social skills and they provide access to resources, environments and expertise that may not be available in the classroom. On camps the experience of living away from home with a group of their own age provides students with a unique opportunity for the development of independence and self-care skills under teacher guidance.

Throughout the year excursions and camps will be organised as an integral part of the school's program. It is therefore desirable that all students participate in them. There are classroom activities before and after an excursion and if the excursion is missed, much of the related classroom work is less meaningful to students. Excursions may include:

- visits within the local neighbourhood
- sporting fixtures, competitions
- field trips
- country and beach trips
- attendance at theatrical performances or cinemas
- visits to museums and places of historical significance and exhibits/exhibitions.

Full details will be provided to families before each excursion/camp, including the date and time, cost, clothing and food requirements and travel arrangements.

The greatest possible care is always taken to ensure the safety of students and the success of each excursion/camp. To ensure adequate supervision, additional staff and/or parents may be asked to accompany the children. The teachers responsible for the excursion will require current and accurate information about each child's special health needs. An excursion may conclude or be conducted outside regular school hours. In these instances particular attention will be given to the coordination of travel arrangements to ensure student safety is not compromised.

All school excursions/camps require prior approval by the Principal. Teachers and students will be regarded to be acting in a private capacity when participating on an excursion/camp for which appropriate approval has not been given. If you have any concerns about a particular excursion, please contact the school. Families who have difficulty paying for an excursion should discuss the matter in confidence with the Principal.

SELECTION OF REPRESENTATIVE TEAMS FOR SCHOOL CARNIVALS

To represent the school is indeed a great achievement and privilege. The school offers various positions in our interschool sporting competitions and selection is open to students on an annual basis.

(A) INTERSCHOOL SWIMMING AND ATHLETICS

Rossmoyne Senior High School are in A-Grade for Interschool Carnivals in Swimming and Athletics and so representing the school in these pursuits is highly rewarded and recognised. Representation in these teams is recognised in student references at the end of Year 12.

- Selection of interschool teams is via school swimming and athletics carnivals. Due to the high number of students in our school, not all students can attend so places to school carnivals are by nomination or invitation. Such invitations and nominations are supported by teacher observations or performance data collected in class.
- In some circumstances, students may seek an exemption from a school carnival but still apply to be considered for Interschool if they are:
 - Ill or Injured or;
 - Have family commitments that prevent them from attending the school carnival.
- Challenging: In an event that a student is absent at the selection carnival with legitimate reason, they may challenge for a place in the interschool team or, where recent performance data is available, may ask for that data to be considered.

(B) LIGHTNING CARNIVALS (YEARS 7-10)

Lightning Carnivals in Year 7-10 are conducted within the South Coastal Government Schools region where we compete with schools like Willetton right down to Rockingham and Safety Bay. The emphasis of these carnivals is school representation and student socialisation.

- Must attend selection games and training
- All other selection is on performance and attitude in Physical Education and other classes.
- The number of teams entered to these carnivals is determined by the availability of coaches and the discretion of the carnival organisers.

(C) VOLLEYBALL AND OTHER REPRESENTATIVE TEAMS

Rossmoyne Senior High School is a Specialist Volleyball School and has representation in state carnivals as well as the nationals in Melbourne. (Other representative teams like football, soccer, etc. will be conducted depending on coach availability). Representation of the school at this level is highly regarded and recognised. Students selected for this program:

- must attend selection games and training;
- all other selection is on performance and attitude in Physical Education classes; and
- selection of students is at the discretion of the school coach and expert teachers.

(D) OTHER SCHOOL SPORT WA EVENTS

School Sport WA is the governing body for school sporting events for public schools in Western Australia. The School Sport WA website can be accessed by any student and their parent.

Any student can represent the school in a School Sport WA event, however, it is not possible logistically to supply a teacher to attend. In this case, permission is obtained by the Principal and the responsibility for care of the student is taken by the parent and School Sport WA.

For this reason of Duty of Care, we cannot endorse events which are not supported by School Sport WA.

Further enquiries can be made through the Head of Department, Health and Physical Education.

STUDENT INFORMATION

We are required to have current information (emergency contacts, medical history, swimming ability etc) on your child, to be taken with staff on excursions. Please ensure that any changes are noted on the letter you sign giving your child approval to attend an excursion.

INSURANCE

For camps/excursions that include an overnight stay, insurance policy covers students to a maximum of \$10,000 for medical and ancillary expenses where Medicare or private health insurance does not cover these costs. Risk cover funding does not cover loss or damage of personal belongings, including vehicles. Any excursion that is not approved by the Principal is deemed a private excursion and will not have any insurance coverage.

SWIMMING ABILITY

You may be asked to indicate your child's swimming ability. Please use the continuum below:

STAGE 1: BEGINNER	STAGE 2: WATER DISCOVERY	STAGE 3: PRELIMINARY	STAGE 4: WATER AWARENESS
1. Enter water safely <i>Shallow. Safe exit</i>	7. Glide forward and kick 3m <i>Horizontal body position. Face in</i>	11. Swim 10m freestyle <i>Breathing</i>	16. Swim 15m freestyle <i>Regular breathing</i>
2. Exhale in water <i>Face in</i>	8. Glide backward, kick & recover <i>No set distance</i>	12. Glide backward and kick 5m <i>Waist deep (minimum)</i>	17. Swim 10m backstroke <i>Catch-up acceptable</i>
3. Open eyes under water <i>Identify an object</i>	9. Swim 5m freestyle	13. Swim 5m breaststroke leg action <i>On back with</i>	18. Swim 10m survival backstroke <i>Below water arm</i>
4. Submerge <i>Waist deep</i>			
5. Glide forward and recover			

Waist deep (minimum) 6. Float or glide backward and recover <i>Waist deep, flotation aid acceptable</i>	<i>Face submerged</i> 10. Scull/tread water <i>Basic hand and leg action, chest deep</i>	<i>board</i> 14. Demonstrate survival sculling <i>On back</i> 15. Demonstrate a forward roll <i>Extension</i>	<i>recovery</i> 19. Swim 5m breaststroke kick <i>Extension</i> 20. Scull head first on back <i>Without leg action</i> 21. Recover an object <i>Chest deep</i> 22. Swim in deep water
STAGE 5: WATER SENSE 23. Swim 25m freestyle <i>Proficient technique</i> 24. Swim 15m backstroke <i>Proficient technique</i> 25. Swim 15m survival backstroke <i>Symmetrical leg action</i> 26. Swim 15m breaststroke <i>Symmetrical leg action</i> 27. Demonstrate a surface dive <i>Chest deep. Recover an object</i>	STAGE 6 – JUNIOR 28. Swim 50m freestyle <i>Proficient technique</i> 29. Swim 25m backstroke <i>Proficient technique</i> 30. Swim 25m breaststroke <i>Proficient technique</i> 31. Demonstrate a dive entry <i>Deep water required</i>	STAGE 7: INTERMEDIATE 32. Scull feet first on back <i>Sculling hand action</i> 33. Demonstrate eggbeater kick <i>Water polo kick</i> 34. Swim 150 metres <i>Proficient technique</i> <ul style="list-style-type: none"> • 25m Backstroke • 30m Breaststroke • 30m Freestyle • 25m Survival Backstroke 	STAGE 8: WATER WISE 35. Swim 25m sidestroke <i>Scissor kick required</i> 36. Demonstrate dolphin kick <i>Extension</i> 37. Swim 200 metres <i>Proficient technique</i> <ul style="list-style-type: none"> • 30m Backstroke • 30m Breaststroke • 30m Freestyle • 25m Survival Backstroke • 25m Sidestroke
STAGE 9 – SENIOR 38. Swim 10m butterfly <i>Extension</i> 39. Demonstrate a tumble turn <i>Extension</i> 40. Swim 300 metres <i>Proficient technique</i> <ul style="list-style-type: none"> • 30m F/style (or 25m B/fly & 			

<ul style="list-style-type: none"> • 25m F/style) • 30m Backstroke • 30m Breaststroke • 30m Freestyle • 30m Sidestroke • 30m Survival Backstroke <p>41. Basic principles of EAR</p>			
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